

Scar to Star Foreword



From Scar to Star is a wonderful book that shows the transition from your place of hurt to freedom from the chains of past experiences.

Dray's World has brought to life a piece that is like a balm—to soothe the pain by assuring you that you're not alone, and to bring healing by presenting steps that are practical enough to lead you to wholeness.

Being a tripartite being—having body, soul, and spirit—each part needs to be tended to. Each one of them matters. And how will you live a well-rounded life if a part of you is neglected?

This book focuses on the soul, which consists of our mind, emotions, and volition. Having a prospering soul is very important when considering living a fulfilled life. The way you feel, the way you think, and the choices you make greatly determine how you experience life.

Emotional healing is very important because it doesn't just clear things up—it improves your outlook on life. It helps set the perfect lens through which you view the world.

The beautiful thing about this healing is that it's never too late. It doesn't matter how much that wound has festered or how long it has been left unattended—it can still heal. You just need the right information and intentionality.

This healing isn't just about you; it's about the connections you can make. Individuals in pain can't have the best of their relationships when they come together. But when we have whole and healed beings, connection is easier and more fruitful.

The most important point of this book is that your scar isn't meant for you alone. It's meant to serve as a light to others. Your healing journey is not for you alone; it's for the people you'll meet, the lives you've been set to impact, and generations to come. So don't be selfish. Keep in mind that your courageous actions will definitely yield endless possibilities.

This book is a journey—but this time, you're not alone. Dray's World has his hand set to walk you down to the other side—the side you were made to be on.

Here's your call to “Live boldly. Live loudly. Live the star life.”

Cheers!

-Coach Elizabeth Akande